

TROOP 351 BASIC SCOUT BACKPACKING LIST

1. Backpack (3000+ cubic inches, with hip belt)
2. Sleeping bag (rated +20 to 0 F)
3. Sleeping pad (20" x 52" or 20" x 72" x 3/8" thick) (optional in summer)
4. Ground cloth (36" x 76" plastic sheeting or canvas)
5. 2-1 qt water bottles
6. Compass and area map
7. Pocket knife – BSA type
8. First aid kit – homemade, including needle and thread and medical tape
9. Mess kit – homemade: 8" aluminum pie plate, #10 tin can pot, 12 to 20 oz. Mug (plastic or metal), fork, and large spoon
10. Towel, washcloth, soap (1/4 bar of brown soap), t-paper (1/4 roll)
11. Matches and fire starters
12. Flashlight (small pocket size) with new batteries, spare bulb
13. Rope: 25' or 30' of 1/8" nylon, and string (old shoe laces)
14. Whistle
15. Poncho
16. Hat (wool or fleece, should cover ears)
17. Wool or fleece gloves, leather gloves (optional)
18. Bandanna &/or neckerchief
19. Scout Handbook (optional for 1st Class and above), Field Book (optional)
20. Stove and fuel (1st Class Scouts and above only) – optional, no liquid fuel

CLOTHING BASICS

Clothing worn, PLUS

1. Change of underwear
2. 2pr. wool socks, plus 1pr. poly socks
3. Nylon pullover (windbreaker)
4. Sweater (wool or synthetic)
5. Down or fleece vest (optional)

The weather expected, and the length of trip, will determine clothing type and amount needed. Always layer clothing so you can add or remove layers with changing conditions. Avoid cotton, especially in cold weather.

FOOD – To be determined by length of trip and expected weather

SHELTER – Tent, tarp, bevy sack, or make do (optional, depends on type of trip)

Pack smart – don't save weight by leaving equipment home, for example:

1. Leave unnecessary food packaging home, and no canned goods
2. Bring an old dishtowel or hand towel instead of a bath towel; 2 oz. of liquid soap instead of a 6 oz. Bar of soap
3. Think double duty for an item – poncho – shelter and/or pack rain cover, or plate is also pot lid and fry pan
4. Why bring a box of 100 matches when 20 are more than enough for a 2-day trip.
5. Why carry a 5 lb. winter sleeping bag in the summer when a blanket or sheet will do.

TALK OVER ANY CHANGES TO BASIC LIST WITH AN ADULT SCOUTER FIRST

BASIC FIRST AID KIT (MINIMUM)

6-8 Band Aids 1"

2-4x4 gauze pads

4 butterflies

1 Ace bandage wrap

1 Chapstick

1 tweezer

Bug dope and sunscreen, depending on season (leave outside kit)

All of the aforementioned items may seem like a lot. However, when packed thoughtfully, important items will be available to you without pulling your pack apart. There will be plenty of room for food and/or winter clothing.

Evaluate every trip. Note what you should have had and what you did not need. The summer is the time of year for lightweight camping. In the winter, not having something could be costly. For example, frozen toes are an all too common event that a dry pair of socks could have prevented.

THIS LIST IS THE BASICS REQUIRED

REMEMBER, BEFORE YOU EXPERIMENT, CONSULT AN ADULT SCOUTER